Ascending To Health Respite Care
Where Housing and Healthcare Meet
Why Respite Care?

❖ The average hospital stay for a homeless person in Colorado Springs can be up to 4.2 days longer than their housed counterparts.
❖ 50% will return to the hospital within 7 days of discharge, and 75% within 14 days of discharge (CMS).
❖ Accelerates the recovery period.
❖ Significant savings to Hospitals and the Community.
The Value of Respite Care in Colorado Springs

- Independent Epidemiological study supported the effectiveness of Respite Care for Medicaid Region 7.
- Limit the need to keep patients past discharge date.
- Would enhance the Discharge Planning process and help prevent hospital readmissions/ED recidivism. (30 Day Return Policy)
- Can cater services to Hospital discharging needs.
- ATH housing program target those with progressing morbidity.
The Respite Program

- Shelter Based (2 months ago)
- Recuperative Care Model
  1. Start-up Onsite Medical Clinic.
  3. 18 day average stay.
  4. Focus on Initiating Health and Social Benefits.
  5. Interim Sheltering/ Transitional Care
  6. Not 24/7 (Moving toward 24 hour care)
Staffing Respite (Then)

- RN Program Manager
- Client Navigation Supervisor
- Client Navigator I (LCSW)
- EMT (Evenings)
- SOAR Administrator
- PT Medical Provider
The ATH Respite Program (Then)
BAM!
ATH Respite Now
ATH Respite Care Now
New Staffing Requirements
(24/7)

Week Day Staffing

- RN Program Manager
- Client Navigation II Supervisor
- Client Navigator I (Days - LCSW)
- Client Navigation I (Evenings - EMT/MA)
- Client Navigation I (Night Staff X 2 - EMT/MA)

**Security?**

Weekend Staffing

- Client Navigation I (Days x 2 EMT/MA)
- Client Navigation I (Nights x2 EMT/MA)
24/7 Staffing Challenges

Considerations

- Right Mix of Staff (EMT/MA/LCSW/RN)
- Night Staff (EMT/Security?)
- Hours of Staffing (Traditional/Mixed)
- Meal Provisions
- Where to recruit
- How and Where to advertise
- Timeline from interview to hiring
- Budget
24/7 Staffing Challenges

Some Answers?

HOURS
- Layer the hours (8 am to 10 pm - 10 pm - 8 am)
- Mixed support of staff overlay (Security)

HIRING
- Job Fairs (Health Career Oriented)
- Local Center for Non-Profit Excellence
- Local online job posting sites
- Local professional schools (EMT/MA/Nursing/etc.)
- Directly recruit
24/7 Staffing Challenges

Outside The Box “ish”

- Staff Connections
- Word of mouth
- Temp Agencies
- Volunteers
- Non-traditional staff
Let the mission speak for you!

Training, Training, Training

Employee involvement in all operational processes

Promote self-care

The right mix (The hardest!)

  * Established a culture
  * The right mix of experience
Relationships

- SRM (Pending)
  - Grants
  - Minimize
  - Costs
- Salvation Army
- RCCO 7 CHP
- “A Step Up” HOUSING
- ATHRC Respite Care
  - Memorial Penrose
  - Health South
  - Cedar Springs
  - Peak View
- PCP Connection
  - Peak Vista
  - Dr. Johnson CSHP
Conducive for Recovery?
What About You?

- “Homelessness Is Evil and Should Be Destroyed”.

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- **QUESTIONS?**