Who’s Hungry?
A discussion on improving food access through programs and partnerships

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Icebreaker
Defining Food Insecurity

“The state of being without reliable access to a sufficient quantity of affordable, nutritious food”

- Financial ability to obtain food
- Severity levels from the USDA
A Conceptual Framework: Cycle of Food Insecurity & Chronic Disease

- **Food Insecurity**
- **Stress**
  - **Coping Strategies**
    - Dietary Quality
    - Eating Behaviors
    - Bandwidth
  - **Chronic Disease**
  - **Employability**
  - **Health Care Expenditures**
  - **Spending Tradeoffs**
  - **Household Income**

Why talk about food insecurity?
What brought you to this session?
Health Center Interventions

Common Practices
- Screening and coding
- On-site SNAP enrollment
- Referrals to community food safety net

Innovative Ideas
- Nutrition counseling
- On-site food distribution
- Food as prescriptions
- Shared storage and prep spaces
Hennepin County Medical Center
Community Interventions

- Community gardens
- Food bank referrals
- Farmers markets
- Mobile food pantry
- Health care representation
Hunger Free Colorado Hotline

Kaiser CO

Hunger Free
Colorado

Connection to
government assistance

Food pantries

Meals on Wheels
Bus Stop Farmers Market
If you cannot acquire a mobile unit, set up at high traffic bus stops.

LA Kitchen
Built partnerships with local restaurants and hotels to reclaim food, provides culinary training and healthy meals to shelter.

Little Free Pantry
Using the Little Free Library idea, this group stocked the pantry with shelf-stable grocery items.
What Else?

Grants and Awards
Advocacy
Resources
In Conclusion

Local

Inclusive

Collaborative

Sustainable