Community Medical Respite

Richmond, Virginia

A place to recuperate, re-establish, reconnect
Community Snapshot

- Greater Richmond Area - population 1,263,617
- Over 760 homeless individuals counted January 2016;
  - 80% male; 20% female
- Three major health systems plus VA medical center
- Daily Planet Health Centers serve over 6,000 annually
- Community Medical Respite started 2008 (the only one in the area)
Medical Respite Overview

- 20 bed facility, co-located with one of Daily Planet’s FQHC health centers
- Up to 30 day stay - more or less depending on medical need
- Primarily medical conditions, but will take BH as primary on case-by-case basis
- Partner with 2 major health systems for majority of referrals
- Active in CoC Coordinated Entry Process
Program Description

- 365/24/7 Staffing: Program Manager, House Manager, Case Manager, after-hours staff; Medical Staff available
- Designated as shelter, with some ESG funding
- Medication monitoring
- Non-skilled care; home health care offered through HS as needed
- 3 meals/day – contract with local food program
- Breaking Bread volunteer program
- Health education/pharmacy groups
- Medical care provided by healthcare staff - all participants required to have PCP; if none, DP will become PCP
Funding Partners

MOUs and dedicated beds (87%):
- 2 Health Systems
- VA Medical Center
- Community Behavioral Health Organizations

Grant funding (13%):
- Virginia Dept. of Housing and Community Development
- United Way
Referral Sources  FY2016

104 clients in 2016
86 Males (83%) / 18 Females (17%)

Hospitals 67%
VA 14%
All others 19%
Challenges

- Referral information does not always match reality
- Smoking/drinking
- Emergency Shelter standards – outcome measure requirements
- Vehicles/employment
- Helping clients understand importance of guidelines
- Weekends - less structure
- Community awareness - marketing effectively
- The other health system - referrals through back door
Strengths

- Co-location with health center- greater access to health care resources- including pharmacy counseling, health education
- Clients’ health stabilized with regular monitoring of medications, healthy meals, health self-management
- Diverse community partners- integral part of continuum of care
- Opportunity for clients to reconnect with family and friends
- Meaningful interactions with volunteer groups
- On-going health care and behavioral health care established.
Southside Health Center (1st Floor)
Community Medical Respite (2nd & 3rd Floor)

180 Belt Blvd. Richmond Virginia, 23224
Medical Respite Floor Plan
Bathroom & Laundry
COMMON LIVING AREA
ACTIVITY & TRANSPORTATION
Thank You!

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