

Exercise: Taking Two Steps to Prevention

Fill out the chart below using the following steps as a guide:

- In Column A, choose 3 **Illnesses or Injuries** that you work on or that are impacting your community (e.g. Asthma or Violence affecting Youth).
- In Column B, circle **Exposures/Behaviors** that are most clearly related to the issue.
- In Column C, circle 3 to 4 **Community Health Factors** that are most closely related to the exposures/behaviors you circled in column B.

A. Illnesses or Injuries (List 3 impacting your community)	B. Exposures/Behaviors (Circle the Exposures/ Behaviors listed below that are most closely related to your illnesses/injuries.)	C. THRIVE Community Health Factors (Circle the factors below that are most closely related to your illnesses/injuries)
	Tobacco Use / Smoking Diet & Inactivity Alcohol Microbial agents Toxic agents Firearms Sexual behavior Motor vehicles Illicit use of drugs	Getting around/Transportation Parks and open space Arts and culture Social networks and trust Participation and willingness to act for the common good Norms Look, feel and safety Housing Air, water, soil What is sold /how it is promoted Living wages & local wealth Education