



# **Healthcare for the Homeless Medical Outreach**

Building Community One Person at a Time

# OUTSIDE IN

## Community Medical Outreach

### MISSION STATEMENT –

The OUTSIDE IN Healthcare for the Homeless medical outreach program is a project dedicated to providing for the needs of underrepresented groups and peoples. Developing, organizing and representing peoples of all races, colors, gender identities and sexual preferences through service to the dignity of all human kind.

The Outside In Healthcare for the Homeless Medical Outreach Program is a project dedicated to providing for the needs of underrepresented groups. The Outside In Medical Outreach Program brings medical and healthcare services directly to the streets serving the hardest to reach communities. The Outreach Program works to build bridges for patients without resources or advocates.

The outreach program currently operates out of a 38 foot mobile medical vehicle. The van provides 3 fully stocked consultation rooms, an electronic medical record system, a laboratory, and pharmacy area.



Working to contribute preventive and life enhancing medical services to communities that do not routinely access primary health care is the primary goal of the Medical Outreach Program. Outside In strives to do this through:

- Creating equal opportunity to contact basic needs through the sharing of community resources and organizations
- Offering health education services that create vehicles for personal change and empowerment
- Helping everyone to have the opportunity to live a basic existence without worries for survival

***“Survival with dignity is one of the basic rights of life”***

### **OUTREACH OPPORTUNITIES –**

1. Medical outreach clinics to targeted populations – homeless youth and adolescents, homeless single women and marginalized and underserved families
2. Urban “mission” teams designed to educate and enhance health through preventative medical services
3. Community awareness through planning volunteer cooperation between medical professionals and social assistance agencies
4. Helping people help themselves by providing for basic health care needs

**VOLUNTEER POSITIONS AVAILABLE** – positions are available for volunteer providers in primary care, medical assistants, ancillary healthcare professionals, and mental health professionals; volunteer positions that include direct patient contact and require credentialing with MCHD and a background check with Outside In.

### **PROGRAM MODELS:**

**PROGRAM #1: Dignity Village** - Portland, Oregon’s “houseless” community. Providing medical services and health education outreach, the OUTSIDE IN Community Outreach is bringing medical professionals to the people who need their services and skills the most. Multnomah County has an estimated homeless and transient population of over *4,000 people; the social programs developed to help them do not serve over 40% of these people*. Some are the victims of poor self-advocacy; others are beyond the mission statements of the provider networks. By uniting medical professionals with public health and social assistance organizations, the underserved of the greater Portland area are afforded health care that meets their needs where they need it the most, on the streets.

**PROGRAM #2: Rose Haven Catholic Charities** – Providing medical and social service intervention to woman at the Old Town Portland domestic violence and commercial sex worker advocacy center. OUTSIDE IN works to ensure adequate access to family planning and acute care medical services to women experiencing homelessness and violence.

**PROGRAM #3: Goose Hollow Family Shelter** - Providing medical services and health education outreach, the Goose Hollow Shelter/First United Methodist Church project is bringing medical professionals to the people who need their services and skills the most. The program will provide Shelter guests with access to preventive medical examinations, acute medical care, and healthcare advocacy.

**PROGRAM #4: “After Hours” Clinics** - Many medical professionals are driven by the altruistic need to “help” and “provide.” All too often, the demands of a busy work schedule far outweigh the available hours in a professional week or the energy levels of a caring compassionate soul. OUTSIDE IN offers the opportunity for a multi-disciplinary team of healthcare providers to donate their medical expertise to helping uninsured and underinsured clients. The clinics, operating on Monday and Wednesday evenings from 6 until 10 p.m., provide urgent care medical services and social assistance advocacy.

**PROGRAM #5: Street Outreach** – Reaching clients who fall outside of the programs and projects available in “mainstream” public health requires creativity. Outside In is in the early stages of developing a program to send physicians and healthcare professionals into the streets. This outreach project is supported in conjunction with the Outside In Syringe Exchange Program and the medical clinic, and works to educate and triage clients to continuity of care environments. Paramount to the delivery of effective healthcare outreach programs is defining the needs of the target population. The street outreach program is designed to collect, analyze and interpret healthcare statistics for homeless youth and underrepresented Portland populations. This data will be used to develop new outreach programs and create pilot research studies.

**PROGRAM #6: Road Warrior** – Reaching the hardest to serve homeless youth requires a flexible approach. Outside In has created a model of healthcare that allows youth and young adults to access acute care medical services in a non-threatening manner. Road Warrior is run in conjunction with a youth drop-in event (often a pizza and movie sponsored by the Outside In Youth Program) and is conducted every Monday night from 10 p.m. until 12 a.m. Engagement and relationship development are the hallmarks of the program.

**PROGRAM #7: Cascade AIDS Project/VOZ Outreach Clinic** – Once per week, a physician from O/I and a medical assistant/health advocate join forces with Cascade Aids Project and VOZ to provide street level healthcare services to Latino day workers. The program, a collaborative project designed at reaching

highly underserved laborers, is oriented toward STI testing and acute healthcare services.

**PROGRAM #8: Cascade AIDS Project/Outside In 82<sup>nd</sup> Avenue Clinic** – One of the hardest to reach and serve segments of the homeless and uninsured populations is commercial sex workers. Every 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month Outside In, in collaboration with Cascade AIDS Project, sends a team of providers and support staff to Southeast 82<sup>nd</sup> Avenue in Portland to bring desperately needed clinical care services to sex workers. The primary goal of this project is connecting clients with resources.

**PROGRAM #9: Cascade AIDS Project/Outside In Outreach Testing Program**– Collaborating on a Centers for Disease Control grant to provide counseling, testing and referral based services to high-risk populations, OI and CAP have develop cutting edge outreach to bath houses and night clubs. Four times monthly, the collaboration team works to provide testing, medical and social services to populations at greatest risk to HIV infection.

**PROGRAM #10: Cascade AIDS Project/Outside In Men’s Wellness Center** – Collaborating on a Centers for Disease Control grant to provide counseling, testing, treatment and referral based services to high-risk men who have sex with men (MSM), OI and CAP have develop a Wellness Center for MSM that incorporates prevention, testing and treatment for STI’s and medical conditions/concerns relevant to the MSM community.

**PROGRAM #11: North Clackamas Services Center/Outside In** – Developing collaborative moderate level care clinic sites outside of the “downtown core” area of Portland has been a programmatic goal for Outside In for a few years now. Working with the Oregon Food Bank and the North Clackamas Service Center, Outside In brings health and social service care to chronically homeless population in one of the most underserved neighborhoods of the tri-county area.

**PROGRAM #12: Flavel Street Outreach** – Working in conjunction with the Portland Women’s Crisis Line, Outside In has developed a clinic on the 82<sup>nd</sup> Avenue corridor to expand the service delivery to commercial sex workers. The clinic is designed to provide broad medical services and case management through the unique collaboration of our two agencies.

**PROGRAM #13: Portland Community College Sylvania Campus** – Working in conjunction with the PCC administration, Outside In has partnered to develop a reproductive healthcare clinic to meet the needs of this thriving college campus in the Southwest Portland area. The clinic focuses on bringing services to uninsured young adults through a focused clinic format.

**PROGRAM GUIDELINES:** Staffing is provided by Outside In medical clinic. Dr. Wayne Centrone, Outreach Medical Director and Dr. Tanya Page, Family Medicine Physician work along with Mr. Jaisen Glowgowski, Ms. Laura Paz, and Mr. Liam Pervisky, Outreach Program Coordinators, to lead a team of volunteer providers. Support services and ancillary healthcare are provided through medical assistant volunteers and registered nurses. Medical malpractice insurance for v volunteer professionals is provided through the Multnomah County Volunteer provider network.

Program volunteer physicians and providers are required to register with Multnomah County as a volunteer physician/provider and with Outside In Clinic Volunteer Coordinator (Contact Ms. Stacy Hall at (503) 535-3815). This program represents a coordinated effort between independent volunteer medical providers, Outside In Medical Clinic, and the Coalition of Community Clinics.