

NATIONAL  
HEALTH CARE  
*for the*  
HOMELESS  
COUNCIL

# Clinicians' Network Coffee Chat: Telehealth and Diabetes

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Tuesday, January 21, 2020

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# DISCLAIMER

This project was supported by the Health Resources & Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U30CS09746, a National Training and Technical Assistance Cooperative Agreement for \$1,625,741, with 0% match from nongovernmental sources. This information or content and conclusions are those of the presenters and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government. NHCHC is a nonpartisan, noncommercial organization.

# CLINICIANS' COFFEE CHATS

- HCH Clinicians' Network



- Membership group that connects hands-on providers from many disciplines who are committed to improving the health and quality of life of people experiencing homelessness
- Free and open to providers of all disciplines
- Join at [nhchc.org](http://nhchc.org)

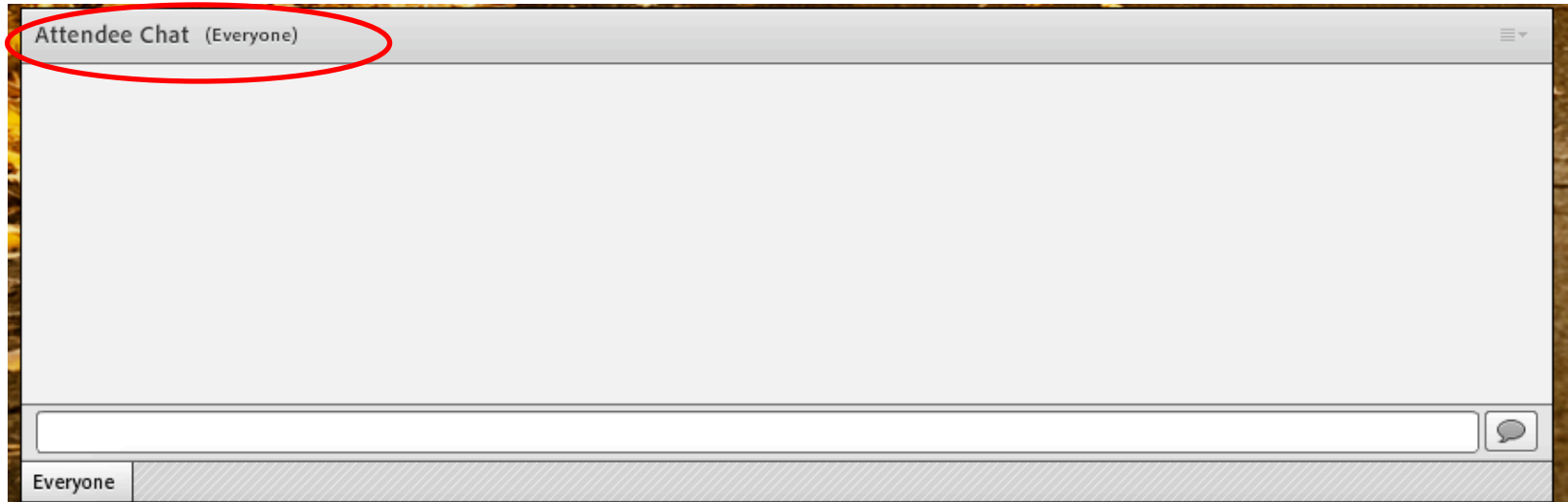


# FACEBOOK GROUP

[www.facebook.com/groups/cliniciansnetwork/](http://www.facebook.com/groups/cliniciansnetwork/)



# HOW TO SHARE A QUESTION OR COMMENT

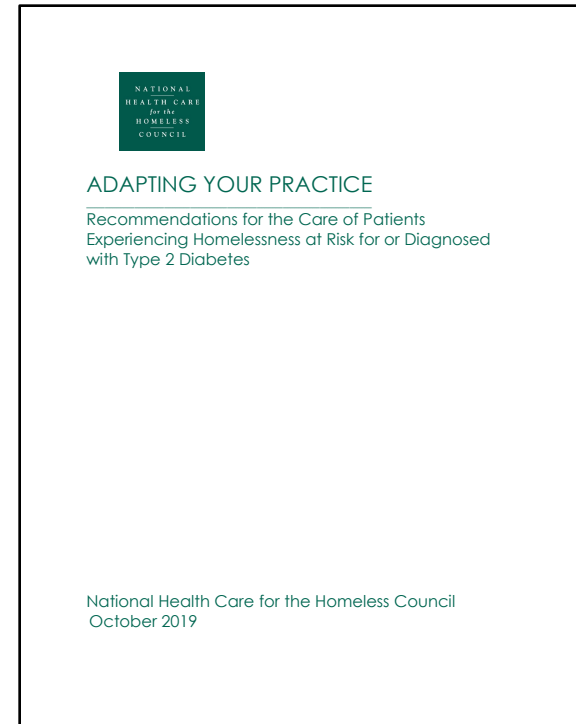


# POLL QUESTIONS

# RESOURCES

- Adapting Your Practice: Recommendations for the Care of Patients Experiencing Homelessness at Risk for or Diagnosed with Type 2 Diabetes (2019)
- Diabetes Fact Sheets and Archived Webinars
- Telehealth Resources

*Access via the “Links” section on your screen*



# Technology Assisted Case Management for low-income adults with type 2 diabetes

**TACM-2 Purpose:** Develop a practical and sustainable system of diabetes management that will help low income patients achieve and maintain blood sugar and blood pressure goals within established treatment guidelines regardless of geographic location.

**Inclusion Criteria:**  $\geq 18$  yrs; poorly controlled T2DM (HbA1c  $\geq 8\%$ )

## Intervention:

- Patients are assigned a 2-in 1 device that checks BG and BP that transmits readings in real time and are provided with all testing supplies to allow testing for at least once a day.
- Nurse case manager has access to a secure server to which the uploaded readings are stored in real time
- Under supervision of PCP, nurse case manager titrates DM & HTN medication bi-weekly per (HTN/DM) algorithm

Over 1,000  
patients enrolled

Over 15,000 data  
points per month

Average A1c drop of  
1.8% at 6 months and  
1.3% at 12 months

## Center for Health Disparities Research

- Established in 2005
- focuses on research, training, and outreach surrounding racial/ethnic, socioeconomic, and rural/urban disparities in health



SOUTH CAROLINA  
**Telehealth**  
ALLIANCE








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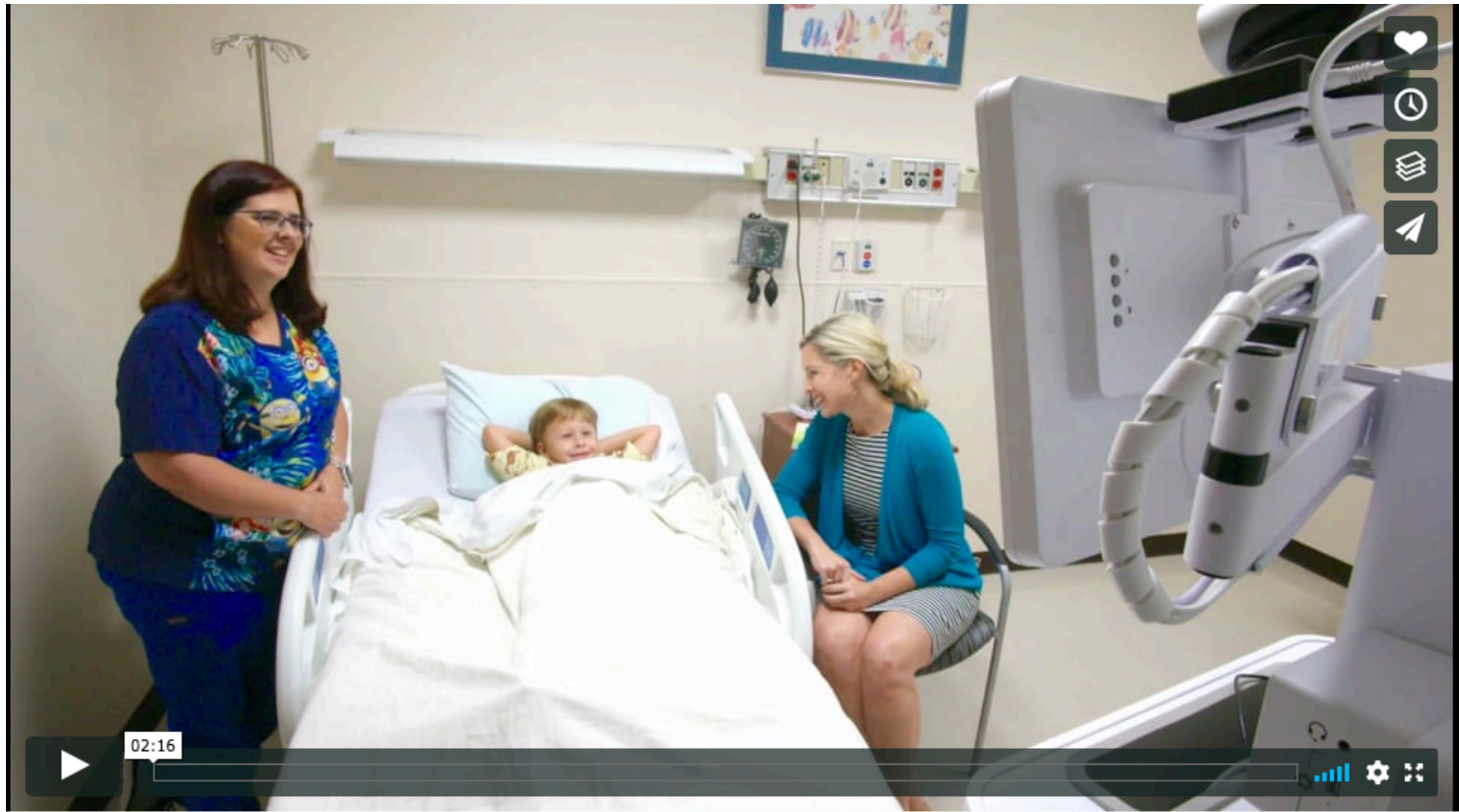


# Lauren Fields, RN, BSN

## Chief Nursing Officer

-  Clinical pharmacy
-  Diabetes Self-management education
-  Diabetes Prevention Program
-  Medical Nutrition Therapy
-  School-based telehealth





<https://vimeo.com/362084162>

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## DISCUSSION

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Please type your questions and  
comments in the chat box

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